

# Good Dog! Gazette

## The Rover Rescue Newsletter Spring 2025

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### Veggie Pup Treats



- 1 c. pumpkin puree
- ¼ c. peanut butter
- 2 lg. eggs
- ½ c. old fashioned oats
- 3+ c. whole wheat flour
- 1 carrot
- 1 zucchini
- 1 c. baby spinach

Preheat oven to 350°F.

Beat pumpkin, peanut butter and eggs 1-2 min.

Gradually add oats and 2½ c. flour on low speed until mixed. Add another ¼ c. flour at a time until dough is not sticky. Mix in chopped spinach and peeled and shredded carrot and zucchini.

Knead dough 3-4 times on lightly floured surface; roll out to ¼-in. thick. Cut out with cookie cutter and place on baking sheet lined with parchment paper.

Bake 20-25 min. until edges are golden brown. Cool.

### Put Your Imagination in High Gear...

...it's time to enter the next Rover Rescue T-Shirt Design Contest! Use your ingenuity to create a design that showcases how our pups bring love, happiness and *FUN* to their wonderful furever families. Your artwork should be original, include "Rover Rescue" and "roverrescue.org", and use up to three colors. Remember, the winning t-shirt design will be worn by both adults and kids.

To enter, email your design to [info@roverrescue.org](mailto:info@roverrescue.org) with your full name, email address and phone number. Your graphic must be sent as a pdf, eps, ai (with a transparent background), png or jpg file no more than 10MB in size. The recommended resolution is 300 dpi.

The deadline for submissions is **May 18, 2025**. The winner will be notified by email.

We'll showcase this year's top design on our Facebook page, our website and our next newsletter, along with the ordering link so everyone can get their own fabulous new Rover Rescue gear. The winner will receive a free t-shirt with their outstanding design, as well as bragging rights as the Top Dog Designer for 2025!

Entries must be original designs and submitted to [info@roverrescue.org](mailto:info@roverrescue.org) in one of the file formats listed above by May 18, 2025. We reserve the right to make any adjustments needed to the winning artwork, and the winning submission will become the property of Rover Rescue.

Our decision on the winner is final.

Your creative t-shirt graphic could help our adoptable dogs and puppies find wonderful new homes, so rev up your imagination and send us your best t-shirt design today!



**Last year's winning Rover t-shirt design by Kathy Kuchta**

## Rover Rescue

An All-Volunteer Group Dedicated to Giving Homeless Dogs a Happy Future

PO Box 4074 📬 Aurora, Illinois 60507 📞 630-897-7454  
[www.roverrescue.org](http://www.roverrescue.org)

# Letter from the President

Dear Friends and Family,

Looking for fun ways to support Rover Rescue? We're getting ready for some of my favorite Rover events. Our annual t-shirt design contest, the gift basket auctions and, coming this summer, the Great Rover Rescue Barn Sales! All the proceeds from these events help us cover the veterinary costs for the dogs and puppies in our foster home program.

Of course, there's nothing quite as rewarding as becoming a foster parent for a dog in need – *because you're saving a life!* We're always looking for loving families willing to open their homes and care for one of the many adoptable dogs that need just a little more time to find their forever family.

We're extremely grateful for your generous support! We know we wouldn't have been able to find homes for over 12,490 dogs and puppies without our wonderful champions.

There is so much more we can do – but we need you!!! Consider becoming a foster parent, helping out at adoption events or volunteering at the Barn Sales.

Warmest Regards,



Kelly Janulis, President

*"He is your friend, your partner, your defender, your dog. You are his life, his love, his leader. He will be yours, faithful and true, to the last beat of his heart. You owe it to him to be worthy of such devotion."*

– Unknown

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## Big Cheers for Our Sponsors

We applaud our sponsors for their generous support of  
our homeless dogs and puppies!

**Brenda Fisher**

**The Tukker Family • Cathy & Barry Rothblum**

*Thank you from the bottom of our hearts.*

Would you like to become a Rover Rescue sponsor, too?  
Explore our sponsorship options at [roverrescue.org/help-us/donate/](http://roverrescue.org/help-us/donate/)

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# The Great Rover Rescue Barn Sales are Just Around the Corner

It's almost time to bring us your gently used clothing, toys, tools, kitchenware, books, decorations and other unneeded household items for our best fundraisers of the year – the Great Rover Rescue Barn Sales!

So, clear out your closets and free up your storage space to give Rover Rescue's homeless dogs a huge helping hand. **Starting May 1<sup>st</sup>**, you can bring your donations to 326 Sharon Lane in North Aurora at any time, or take them directly to the barn at 5401 Route 71 in Oswego on Sundays from 10 am to noon and Wednesdays from 5 to 7 pm. Your donations will help us save more homeless dogs and puppies!

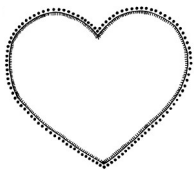
We also need a hand setting everything up at the barn and helping out during the sales through the summer. It's a great way to get in your service hours or devote some free time to a truly lifesaving cause. Please call or text us at **630.897.7454** or email [info@roverrescue.org](mailto:info@roverrescue.org) to volunteer, even if it's only for a few hours. We need all the helping hands we can get!

The season's most amazing shopping begins with the first Barn Sale May 30 – June 1 at 5401 Route 71 in Oswego, followed by more sales throughout the summer. Be sure to watch our Events webpage at [roverrescue.org/events/](http://roverrescue.org/events/) for future sale dates!



## You Could Save a Life

We desperately need more foster homes! *With just 10 more foster homes, we could save 120 more homeless dogs and puppies in the next year.* That's another 120 homeless dogs facing a hopeless future that could be rescued – *with your help.* Please call us at **630.897.7454** today to learn how you can become one of our lifesaving foster homes.





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## Rover Eats Out is a Fun Way to Help

Take your family out for a great meal and help our homeless dogs at the same time! Watch for upcoming Rover Eats Out dates on [roverrescue.org](http://roverrescue.org). You'll have a lot of happy, tail-wagging fans when you join us for these fun events!



## Guarding Against Avian Flu

The avian flu (a.k.a., bird flu) has become a major concern for everyone with pets, especially since it has affected multiple species.

Here are some guidelines for protecting your four-footed family members:

- Keep your dog and cat away from wild birds, especially sick or dead birds.
- Don't allow your pets to eat raw poultry or wild birds.
- If you feed birds in your yard, keep the feeding area clean and make sure your pets stay away from that area.
- To avoid spreading any contaminants, wash your hands after handling your pets, especially after they go outside.
- Consider keeping your cats inside.

Contact your vet immediately if your pet may have been exposed to wild birds and shows any of the following symptoms:

- Lethargy or unusual tiredness
- Decreased appetite
- Coughing, sneezing, difficulty breathing or other respiratory issues
- Runny nose or eyes
- Fever
- Tremors or seizures



## Microchip Company Closure

Is your pet's microchip from Save This Life, a company that abruptly shut down in February? Then you're among the thousands of affected pet owners and your pup or cat is now at risk of being unable to find their way home if they become lost.

If you're not sure what company your microchip is from, ask your vet to scan your pet and provide the microchip ID number. If it starts with either 991 or 900164, it's likely you'll need to re-register it. To be sure, you can enter the ID number into a search engine, such as Google, and it will tell you which company is associated with your pet's microchip.

The good news is that – instead of having a new microchip implanted – you can re-register your pet's current microchip with another company. While some companies will register it free, such as [freepetchipregistry.com](http://freepetchipregistry.com), 24PetWatch and Findpet, others will charge a registration fee, like PetLink. For a list of microchipping and pet recovery services, go to <https://www.aaha.org/participating-companies/>.



# Our Fabulous Gift Baskets are Back

You'll soon be able to bid on more awesome gift baskets this spring! Filled with a variety of fun, wonderful things, they make great gifts for your family and friends. Watch our website and Facebook posts for the link to explore the contents of these great new gift baskets and place your bid!



## Pet-Friendly Houseplants

Has the spring weather got you thinking of adding new houseplants to your home? Here are some pet-friendly (and safe!) options:

- Butterfly palm
- African violet
- Orchid
- Boston fern
- Baby's tears
- Banana tree
- Peperomia
- Bromeliad
- Gloxinia
- Spider plant
- Air plant
- Venus fly trap
- Zebra plant
- Haworthia
- Chinese money plant
- Polka dot plant (*Hypoestes phyllostachya*)
- Prayer plant (*Maranta leuconeura*)
- Friendship plant (*Pilea involucrata*)
- Mosaic plant (*Fittonia albivenis*)
- Ponytail Palm (*Beaucarnea recurvata*)
- Purple Waffle Plant (*Hemigraphis alternata*)
- Purple Passion Vine (*Gynura aurantiaca*)
- Parlor Palm (*Chamaedorea elegans*)
- Money Tree (*Pachira aquatica*)





# Entertaining Your Pup at Home

If it's too hot, too cold, raining, muddy or you just want to stay put, you can use the following ideas to keep your dog engaged and enriched:

- Interactive distractions – Interactive toys often dispense treats, while puzzles reward your pup only after he figures out how they work. Both make challenging and mind stimulating entertainment.
- Scent games – By creating your own simple scent games, you can trigger your pup's foraging instincts. Just hide treats around the house and encourage him to find them; increase the difficulty level by using different rooms and harder-to-reach places.
- Rotating toys every week – Just like people, dogs can become bored with the same things to play with day in and day out. Introducing "new" toys a few weeks down the road will reignite your pup's interest and curiosity in toys he hasn't seen for awhile.
- Teaching new tricks or practicing old ones – Training is mentally stimulating for your dog and reinforces good behavior. He'll enjoy learning something new or practicing a trick he hasn't done lately, whether it's "rollover" and "shake" or "sit" and "heel" – because you're doing it together.
- Indoor obstacle courses – Using pillows, chairs and blankets, you can create tunnels, jumps and obstacles for your pup to navigate. It will entertain him, challenge his problem-solving abilities and burn off pent-up energy.
- Relaxing massages – A low-energy pastime like a massage also has valuable benefits for your pooch. It can enhance his circulation, relieve stress and strengthen your bond – leaving you both relaxed and happy!



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## PB Pupper Cakes

Pupper Cakes:

- ¼ c. peanut butter
- ¼ c. applesauce
- ¼ c. plain yogurt
- ½ c. shredded carrots
- 1 egg
- ½ tsp. baking soda
- ¾ c. whole wheat flour
- Honey (optional)



Frosting:

- ½ c. peanut butter
- 1 c. plain Greek yogurt
- 2 Tbsp. honey

1. Preheat oven to 350°F and line muffin tin with cupcake liners.
2. Mix peanut butter, applesauce and yogurt until well combined.
3. Whisk in egg, then add carrots and mix.
4. Sift in flour and baking soda. Use spatula to blend until just mixed (do not overmix).
5. Pour batter into muffin tin, and bake for 25-30 min. or toothpick comes out clean.
6. Let rest 10 min., then remove from pan and cool on rack.
7. To make frosting, whisk honey, yogurt and peanut butter until well mixed.
8. Apply frosting and serve to your happy dog!

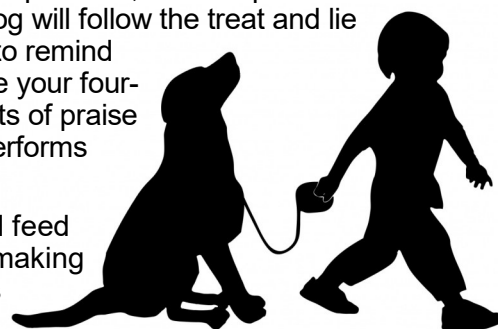
## Get Kids Involved in Training

Involving your kids in training your dog is a great way to teach them responsibility, patience and kindness toward animals.

Start by having your child train your pup simple commands, such as "sit". Have her hold a treat just above your dog's nose, then slowly move it back over his head. That should have him rocking back into a sitting position. To teach him "down", she should hold the treat in front of your pup's nose, then drop her hand to the ground. Your dog will follow the treat and lie down. Be sure to remind your kids to give your four-footed buddy lots of praise each time he performs a command.

Have your child feed your dog, too, making sure she keeps to a regular schedule for the best results. Walks and picking up after your dog are also good ways to involve your child in training. Depending on her age and size, though, you may need to provide some assistance.

By involving your kids in training, they'll recognize your dog is an important member of your family and become great pet parents when they're grown!





## Pet Sitter's Checklist

Leaving your pup in the care of a pet sitter when the family goes on vacation? To be sure your sitter has the info she needs, leave a helpful checklist with all the details to keep your dog happy! It should include:

- Details of your pup's routine – Keeping to the same times your dog is fed and walked will reduce his stress and make it easier for your sitter to keep him happy and comfortable.
- Your house rules – Your dog may push the boundaries while you're away unless you cue in your sitter as to what is and is *not* allowed, from sleeping on the couch to devouring his treats on the living room rug.
- Any conditions and medications – Giving your dog his prescribed dosage at the regular time is important to maintain his health while you're gone.
- Emergency contact info – Make sure your sitter knows how to reach you and your veterinarian if any questions or issues arise. You don't want to be out of touch if your dog becomes sick or is injured. And be sure to leave a credit card authorization with your vet's office and a signed letter giving them permission to charge the card if your dog needs emergency care.

In addition to the checklist, look around your home to ensure all dangerous cleaning products, pesticides and medications are stored out of reach of your dog. Plus, check that any possible escape holes have been fixed in your backyard fence and gate. You don't want your dog getting lost while you're out of town!

Also, be sure there's enough food, medications, doggy bags and other supplies to keep your dog and sitter going in case you're delayed returning home.

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## Ways to Make Your Dog Happier

Small little things can make your pup's tail wag with joy! Here's how you can increase his happiness:

- Stick to a consistent routine for meals, walks and bedtime to reduce his uncertainty, relieve his stress and make him feel secure.
- Give him plenty of time to sniff, explore and experience the world on walks to provide mental stimulation and keep him engaged.
- Give your dog a comfortable, quiet space that's just for him where he feels safe.
- Feed your pup nutritious food to ensure he's healthy and energetic and avoid health issues.
- Assign him a job or purpose to build his confidence and prevent boredom from setting in – even if it's just learning a new trick, sitting before meals or fetching the paper.
- Use positive reinforcement and avoid harsh corrections to foster his enthusiasm and avoid creating fear and confusion. You'll build his trust when he associates you with safety.
- Make vet visits less scary by bringing treats, using a calm voice and handling your dog gently to create positive associations and prevent anxiety and fear.
- Give him your full attention and play with him! It will strengthen your bond, give him an outlet for his energy and show him how important he is to you.



# Rover Rescue

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Aurora, Illinois 60507

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## What's Ahead?



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### Become a Foster Home & Save a Life!

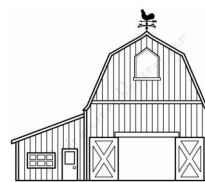
You can save a life as a foster parent to a homeless dog. Discover how at [roverrescue.org](http://roverrescue.org) or call or text 630.897.7454 today!



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### Rover Eats Out

Have a fun family dinner at our Rover Eats Out fundraisers and help our homeless dogs. Watch our website for upcoming dates and locations.



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### Donations for the Great Rover Rescue Barn Sales Start May 1st

Contact us at [info@roverrescue.org](mailto:info@roverrescue.org) or give us a call at 630.897.7454 for drop-off locations and/or to volunteer at the sales. Then, get ready for terrific deals all summer long!

